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INSTRUCTIONS FOR PATIENTS WHO WILL RECEIVE SEDATION

**EATING AND
DRINKING**

To avoid vomiting and complications during treatment with sedation, **DO NOT** allow your child any food or drink (even water) as directed by your doctor.

No food or water 4 hours prior to scheduled procedure. Stomach must be empty.

**CHANGE IN
HEALTH**

Any change in the child's health, especially the development of a cold or fever, within 7 days prior to the day of treatment, is very important. For the child's safety, a new appointment may be made for another day. If possible, inform the office of any change in health prior to the appointment.

CLOTHING

So that we may monitor your child properly, do not cover fingernails or toenails with polish; and have your child wear loose-fitting, comfortable clothing.

ARRIVING

A responsible adult must accompany the patient and must remain until treatment is completed. Arrive on time for your appointment.

MEDICATIONS

DO NOT give the child any medicines before or after treatment unless your doctor (dentist) has agreed.

ACTIVITIES

DO NOT plan or permit activities for the child after treatment. Allow the child to rest. Closely supervise any activity for the remainder of the day.